



41/21 MARIGOLD STREET, REVESBY, NSW, 2212

MAT 1 (DOWNSTAIRS)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		SATURDAY
5:00PM	JUNIORS BOXING (5-12 YRS OLD)	JUNIORS BOXING (5-12 YRS OLD)	JUNIORS BOXING (5-12 YRS OLD)	JUNIORS BOXING (5-12 YRS OLD)		10:00AM	JUNIORS BOXING (5-12 YRS OLD)
6:00PM	ADULTS BEGINNER BOXING	ADULT MUAY THAI	ADULTS BEGINNER BOXING	ADULTS BOXING	ADULTS SPARRING	11:00AM	ADULTS STRIKING FOR MMA
7:00PM	ADULTS BOXING	ADULT BEGINNER MUAY THAI	ADULTS BOXING	ADULTS MUAY THAI			

MAT 2 (UPSTAIRS)

6:00AM	ADULTS WRESTLING		ADULTS NO-GI JIU JITSU		FUNDAMENTALS MMA	11:00AM	ADULTS NO-GI JIU JITSU
5:00PM	JUNIORS JIU JITSU (5-12 YRS OLD)	JUNIORS WRESTLING (5-12 YRS OLD)	JUNIORS JIU JITSU (5-12 YRS OLD)	JUNIORS JIU JITSU (5-12 YRS OLD)	JUNIORS JIU JITSU (5-12 YRS OLD)	12:00PM	ADULTS MMA SPARRING
6:00PM	ADULTS GI JIU JITSU	ADULTS WRESTLING	ADULTS GI JIU JITSU	ADULTS NO-GI JIU JITSU	ADULTS OPEN MAT		
7:00PM	ADULTS NO-GI JIU JITSU	FUNDAMENTALS MMA	ADULTS NO-GI JIU JITSU	ADULTS MMA			

CLASS KEY

JUNIORS	Dedicated to our junior program (Ages 5-12)
ADULTS	Dedicated to our adults program (Ages 13+)
ULTIMATE	Mixed martial arts classes for members on a dual kickboxing and BJJ membership (ULTIMATE Membership)

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